

NORTHERN COLORADO BEARS



NORTHERN COLORADO FACTS

Location: Greeley, Colo.
Founded: 1889
Enrollment: 11,925
Nickname: Bears
Colors: Blue and Gold
Facility: Butler-Hancock Sports Pavilion
Capacity: 2,734
President: Kay Norton
Faculty Athletic Representative: Dr. Michael Mills
Athletics Director: Jay S. Hinrichs
Senior Woman Administrator: Sherri Frye
Sports Information Director: Heather Kennedy
Web Site: www.UncBears.com

VOLLEYBALL FACTS

Head Coach: Lyndsey Benson
Record at UNC/Years: 54-62/Four years
Overall Record/Years: Same
Office Phone: 970.351.1719
2008 Record: 17-10, 10-6 Big Sky
Assistant Coaches: Jenny Glenn, Tom Hunter

PERSONNEL BREAKDOWN

Starters Returning/Lost: 5 + libero/1
Letterwinners Returning/Lost: 12/1
Newcomers: 3

MEDIA INFORMATION

Volleyball Contact: Scott Ward
Office: 970.351.2522
Press Row: 970.351.2522
Fax: 970.351.1995
Email: Scott.Ward@unco.edu

BEAR MEDIA

Print Media
Greeley Tribune: 970.352.0211
Rocky Mountain News: 303.892.5214
Denver Post: 303.820.1578



BEAR TEAM NOTES

- Northern Colorado finished 17-10 in 2008 and placed third in the Big Sky regular-season standings. Those 17 wins are the Bears' most since joining the Big Sky in 2006 and the most overall since finishing 25-9 in 2004.
- The Bears have now qualified for the Big Sky postseason tournament in all three years of eligibility. The three-straight postseason appearances have Northern Colorado tied with Weber State for third most among the league's nine teams.
- Head coach Lyndsey Benson announced last fall that three top-notch prep players in Kelley Arnold, Marissa Hughes and Brittany Crenshaw had signed National Letters of Intent to play for the Bears. Arnold was a finalist for the Colorado Gatorade Player of the Year and a Prep Volleyball Fab 50 recruit for the class of 2009.
- Two road tournaments, and a home tournament featuring the ACC's Miami Hurricanes, highlight Northern Colorado's 2009 schedule. The Bears also play every Colorado NCAA D-I team in non-conference action this fall. Northern Colorado starts conference play at home against Weber State on Sept. 17 and will not play at home again until mid-October, when Portland State and Eastern Washington come calling.

NORTHERN COLORADO ADMINISTRATION



Kay Norton
President



Dr. Michael Mills
Faculty Athletic Representative



Jay S. Hinrichs
Athletics Director



Sherri Frye
Senior Woman Administrator



Scott Ward
Volleyball SID

NORTHERN COLORADO BEARS

BEAR PROFILE

RETURNERS

#	Name	Pos.	Ht.	Yr.	Exp.	Hometown/Prev. School
2	Amanda Arterburn	DS	5-7	So.	1V	Aurora, Colo./Smoky Hill H.S.
3	Jill Dawson	DS	5-7	RFr.	HS	Lincoln, Neb./Southwest H.S.
4	Taylor Smith	MB	6-0	Sr.	3V	Denton, Texas/Liberty Christian H.S.
5	Natalie Laband	S	5-8	So.	1V	Monument, Colo./Lewis Palmer H.S.
6	Breanna VanDerMost	DS	5-5	Sr.	3V	Colorado Springs, Colo./Rampart H.S.
7	Kenzie Shreeve	OH	6-2	Sr.	3V	Eagle, Colo./Eagle Valley H.S.
8	Ashley Lichtenberg	OH	6-2	Jr.	2V	Bettendorf, Iowa/Bettendorf H.S.
9	Abbie Howe	DS	5-6	So.	1V	Eaton, Colo./Eaton H.S.
10	RaeLynn Snyder	OH	5-11	RSFr.	HS	Simla, Colo./Simla H.S.
11	Jaclyn Bruns	DS	5-11	Jr.	2V	Littleton, Colo./Heritage H.S.
12	Breanna Williams	OH	6-1	So.	1V	Littleton, Colo./Columbine H.S.
13	Allison Raguse	MB	6-0	Sr.	3V	Lincoln, Neb./Lincoln Lutheran H.S.
14	Natasha Law	MB	6-1	So.	1V	Seabrook, Texas/Clear Lake H.S.
15	Julie Stephenson	OH	5-11	Jr.	2V	Augusta, Kan./Augusta H.S.

NEWCOMERS

#	Name	Pos.	Ht.	Yr.	Exp.	Hometown/Prev. School
1	Marissa Hughes	S	5-9	Fr.	HS	Huntington Beach, Calif./Mater Dei H.S.
16	Brittany Crenshaw	MB	6-2	Fr.	HS	Yorba Linda, Calif./El Dorado H.S.
17	Kelley Arnold	OH	6-1	Fr.	HS	Berthoud, Colo./Berthoud H.S.

KEY LOSSES

Name	Pos.	Ht.	Yr.	2008 Statistics
Lauren Carter	S	5-7	Sr.	11.02 apts; 2.15 dps

2009 SCHEDULE

Date	Opponent	Time
8/28	vs. Southern Methodist ¹	10:30 a.m.
8/28	at North Texas ¹	7:00 p.m.
8/29	vs. Texas-San Antonio ¹	10:00 a.m.
8/29	vs. New Mexico State ¹	2:00 p.m.
9/1	Colorado	7:00 p.m.
9/4	North Dakota State²	7:00 p.m.
9/5	Eastern Michigan²	12:00 p.m.
9/5	Miami²	7:00 p.m.
9/11	vs. Drake ³	4:30 p.m.
9/12	at Iowa ³	12:00 p.m.
9/12	vs. Iowa State ³	5:00 p.m.
9/17	Weber State*	7:00 p.m.
9/19	Idaho State*	7:00 p.m.
9/22	at Denver	7:00 p.m.
9/25	at Sacramento State*	7:00 p.m.
9/30	at Colorado State	7:00 p.m.
10/3	at Northern Arizona*	7:00 p.m.
10/9	at Montana State*	7:00 p.m.
10/10	at Montana*	7:00 p.m.
10/15	Portland State*	7:00 p.m.
10/17	Eastern Washington*	7:00 p.m.
10/21	at Air Force	7:00 p.m.
10/24	Sacramento State*	7:00 p.m.
10/30	at Idaho State*	7:00 p.m.
10/31	at Weber State*	7:00 p.m.
11/5	Montana*	7:00 p.m.
11/7	Montana State*	7:00 p.m.
11/13	at Eastern Washington*	7:00 p.m.
11/14	at Portland State*	7:00 p.m.
11/21	Northern Arizona*	7:00 p.m.

All times local to site

*Big Sky Match

Home matches in **bold**

¹Mean Green Volleyball Classic

²Hampton Inn & Suites, NC Classic

³Iowa Hawkeye Challenge

BEARS TO WATCH



BREANNA VANDERMOST
Senior
5-5 • Libero
Colorado Springs, Colo.

- Aims to become Northern Colorado's all-time digs leader in 2009 after her 473 digs in 2008 gave her 1,006 career digs.
- Had double-digit digs in 26 of the Bears' 27 matches last season, including nine matches with 20 or more.
- Her 4.68 digs-per-set average in 2008 ranks ninth best in Big Sky history.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	101	10	473	61	0
2007	114	2	297	19	2
2006	101	3	236	18	0
Totals	316	15	1,006	98	2



ALLISON RAGUSE
Senior
6-0 • Middle Blocker
Lincoln, Neb.

- Led the Bears last season in solo blocks with 10, and was second in attacks with 587 and kills with 275.
- Had season-high 17 kills and six digs in Bears' conference road win at Sacramento State in 2008.
- Maintained a .365 attack percentage in Northern Colorado's 17 victories in 2008, while hitting just .195 in the Bears' 10 losses.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	101	275	70	10	79
2007	114	307	98	13	121
2006	40	36	12	5	14
Totals	255	618	180	28	214



KENZIE SHREEVE
Senior
6-2 • Outside Hitter
Eagle, Colo.

- Became Northern Colorado's first all-conference selection in 2008 after leading the team with 1096 total attacks, 408 total kills, 4.12 kills per set and 31 total service aces. She finished second with 237 digs a 2.39 dig average.
- Recorded double-digit kills in 25 of 27 matches in 2008, including 15 or more in 14 matches.
- Enters 2009 with 793 career kills, which places her ninth on the school's all-time kills list.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	99	408	237	7	42
2007	114	365	77	5	65
2005	17	20	7	1	4
Totals	230	793	321	13	111

NORTHERN COLORADO BEARS

HEAD COACH LYNDSEY BENSON



Alma Mater: Louisiana State
Hometown: Eaton, Colo.
Division I Record/Season: 54-62/5th
UNC Record/Season: Same
Playing Career: Louisiana State, 2002

• Northern Colorado is 34-30 against Big Sky opponents in Benson's four years at the helm, including a 6-0 mark against Idaho State and a 6-1 record against Montana State.

• Under Benson's leadership in 2008, outside hitter Kenzie Shreeve became Northern Colorado's first all-conference first team selection, middle blocker Allison Raguse earned second-team status, and Taylor Smith earned an honorable-mention.

• In high school, Benson earned all-state honors three times and set the Colorado state record with 981 kills. Benson played collegiate volleyball at Louisiana State, where she was a three-time SEC Academic Honor Roll selection.

PREVIOUS COACHING EXPERIENCE

- Northern Colorado, Assistant Coach (2003-04)
- Samford, Assistant Coach (2002)

BENSON YEAR-BY-YEAR

Year	School	W	L	Pct	BSC Rec/Fin.
2005	Northern Colorado	14	16	.466	N/A
2006	Northern Colorado	13	16	.448	7-9/5 th
2007	Northern Colorado	10	20	.333	8-8/5 th
2008	Northern Colorado	17	10	.630	10-6/T3 rd
Totals	Four Years	54	62	.466	25-23/.521

BENSON VS. THE BIG SKY

Eastern Washington	2-4
Idaho State	6-0
Montana	3-4
Montana State	6-1
Northern Arizona	3-3
Portland State	1-6
Sacramento State	4-4
Weber State	2-5

BEAR COACHING STAFF



Tom Hunter
Assistant Coach
Third Year



Jenny Glenn
Assistant Coach
Third Year

NORTHERN COLORADO SEASON-BY-SEASON

Since Moving to Division I

Year	Coach	Big Sky				Overall		
		W	L	PCT	Rk	W	L	PCT
2003	Ron Alexander			*N/A		32	2	.941
2004	Ron Alexander			*N/A		25	9	.735
2005	Lyndsey Benson			*N/A		14	16	.466
2006	Lyndsey Benson	7	9	.438	5	13	16	.448
2007	Lyndsey Benson	8	8	.500	5	10	20	.333
2008	Lyndsey Benson	10	6	.625	T3 rd	17	10	.630
Total	Two Coaches	25	23	.521	-	111	73	.603

* Northern Colorado was not a member of the Big Sky Conference until the 2006 season.

BEARS vs. The Sky

School	Overall		Big Sky	
	Won	Lost	Won	Lost
Eastern Washington	2	4	2	4
Idaho State	8	1	6	0
Montana	4	4	2	4
Montana State	6	3	6	0
Northern Arizona	3	3	3	3
Portland State	3	12	1	5
Sacramento State	4	7	3	3
Weber State	9	5	2	4

NORTHERN COLORADO BEARS

2008 INDIVIDUAL STATISTICS

Name	OVERALL STATISTICS								CONFERENCE STATISTICS							
	G	K	KPG	E	TA	Pct	A	APG	G	K	KPG	E	TA	Pct	A	APG
Lauren Carter	101	39	0.39	14	140	.179	1113	11.02	60	18	0.30	6	69	.174	697	11.62
Amanda Arterburn	101	3	0.03	7	34	-.118	18	0.18	60	2	0.03	5	23	-.130	7	0.12
Jill Dawson	1	0	0.00	0	0	.000	0	0.00	1	0	0.00	0	0	.000	0	0.00
Taylor Smith	100	251	2.51	73	557	.320	4	0.04	60	155	2.58	47	363	.298	2	0.03
Natalie Laband	9	1	0.11	0	2	.500	26	2.89	3	0	0.00	0	0	.000	9	3.00
Breanna VanDerMost	101	10	0.10	0	13	.769	61	0.60	60	6	0.10	0	8	.750	38	0.63
Kenzie Shreeve	99	408	4.12	181	1096	.207	7	0.07	60	264	4.40	117	699	.210	4	0.07
Ashley Lichtenberg	90	184	2.04	73	484	.229	9	0.10	50	109	2.18	44	271	.240	5	0.10
Abbie Howe	7	2	0.29	1	3	.333	2	0.29	6	2	0.33	1	3	.333	1	0.17
RaeLynn Snyder	1	0	0.00	0	0	.000	0	0.00	1	0	0.00	0	0	.000	0	0.00
Jaelyn Bruns	100	0	0.00	2	12	-.167	26	0.26	59	0	0.00	1	9	-.111	19	0.32
Breanna Williams	83	150	1.81	87	473	.133	4	0.05	49	97	1.98	54	290	.148	3	0.06
Allison Raguse	101	275	2.72	101	587	.296	10	0.10	60	153	2.55	63	340	.265	4	0.07
Natasha Law	11	5	0.45	2	10	.300	0	0.00	4	2	0.50	1	3	.333	0	0.00
Julie Stephenson	56	52	0.93	30	198	.111	4	0.07	36	36	1.00	16	127	.157	2	0.06
<i>Bears</i>	<i>101</i>	<i>1380</i>	<i>13.66</i>	<i>571</i>	<i>3609</i>	<i>.224</i>	<i>1284</i>	<i>12.71</i>	<i>60</i>	<i>844</i>	<i>14.07</i>	<i>355</i>	<i>2205</i>	<i>.222</i>	<i>791</i>	<i>13.18</i>
Opponents	101	1195	11.83	563	3583	.176	1094	10.83	60	723	12.05	308	2141	.194	664	11.07

Name	OVERALL STATISTICS									CONFERENCE STATISTICS								
	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG
Lauren Carter	12	0.12	-	217	2.15	3	33	36	0.36	8	0.13	-	144	2.40	2	20	22	0.37
Amanda Arterburn	9	0.09	-	234	2.32	0	0	0	0.00	5	0.08	-	124	2.07	0	0	0	0.00
Jill Dawson	0	0.00	-	0	0.00	0	0	0	0.00	0	0.00	-	0	0.00	0	0	0	0.00
Taylor Smith	0	0.00	-	36	0.36	9	82	91	0.91	0	0.00	-	25	0.42	4	50	54	0.90
Natalie Laband	0	0.00	-	3	0.33	0	1	1	0.11	0	0.00	-	1	0.33	0	1	1	0.33
Breanna VanDerMost	12	0.12	-	473	4.68	0	0	0	0.00	6	0.10	-	285	4.75	0	0	0	0.00
Kenzie Shreeve	31	0.31	-	237	2.39	7	35	42	0.42	19	0.32	-	133	2.22	4	22	26	0.43
Ashley Lichtenberg	0	0.00	-	32	0.36	5	53	58	0.64	0	0.00	-	21	0.42	1	29	30	0.60
Abbie Howe	1	0.14	-	5	0.71	0	0	0	0.00	1	0.17	-	4	0.67	0	0	0	0.00
RaeLynn Snyder	0	0.00	-	0	0.00	0	0	0	0.00	0	0.00	-	0	0.00	0	0	0	0.00
Jaelyn Bruns	9	0.09	-	186	1.86	0	0	0	0.00	2	0.03	-	118	2.00	0	0	0	0.00
Breanna Williams	0	0.00	-	53	0.64	4	20	24	0.29	0	0.00	-	38	0.78	2	13	15	0.31
Allison Raguse	17	0.17	-	70	0.69	10	69	79	0.78	8	0.13	-	45	0.75	3	39	42	0.70
Natasha Law	0	0.00	-	1	0.09	3	1	4	0.36	0	0.00	-	1	0.25	1	0	1	0.25
Julie Stephenson	0	0.00	-	36	0.64	0	10	10	0.18	0	0.00	-	23	0.64	0	4	4	0.11
<i>Bears</i>	<i>91</i>	<i>0.90</i>	<i>101</i>	<i>1583</i>	<i>15.67</i>	<i>41</i>	<i>304</i>	<i>193.0</i>	<i>1.91</i>	<i>49</i>	<i>0.82</i>	<i>51</i>	<i>962</i>	<i>16.03</i>	<i>17</i>	<i>178</i>	<i>106.0</i>	<i>1.77</i>
Opponents	101	1.00	90	1369	13.55	48	317	206.5	2.04	51	0.85	48	841	14.02	26	189	120.5	2.01

2008 RESULTS

Date	Opponent	Result	Date	Opponent	Result
8/29	vs. Rider ¹	W, 3-0	11/6	at Portland State*	L, 0-3
8/29	vs. Villanova ¹	W, 3-2	11/8	at Eastern Washington*	L, 0-3
8/30	vs. Lafayette ¹	W, 3-0	11/13	Idaho State*	W, 3-1
8/30	at LaSalle ¹	W, 3-0	11/15	Weber State*	L, 1-3
9/5	vs. Texas-El Paso ²	W, 3-1	11/22	Northern Arizona*	L, 2-3
9/6	vs. Illinois-Chicago ²	W, 3-0	11/28	vs. Sacramento State#	W, 3-1
9/6	at North Dakota State ²	L, 1-3	11/28	at Portland State#	L, 0-3
9/19	at Montana*	L, 1-3			
9/20	at Montana State*	W, 3-1		#Big Sky Tournament	
9/23	at Denver	L, 2-3		*Big Sky Match	
9/27	Sacramento State*	W, 3-0		¹ Lasalle Tournament	
10/2	Eastern Washington*	W, 3-0		² North Dakota State Tournament	
10/4	Portland State*	W, 3-1			
10/7	Colorado State	L, 1-3			
10/10	at Weber State*	L, 1-3			
10/11	at Idaho State*	W, 3-0			
10/18	at Northern Arizona*	W, 3-1			
10/23	Montana State*	W, 3-0			
10/25	Montana*	W, 3-1			
10/31	at Sacramento State*	W, 3-2			

PORTLAND STATE VIKINGS



PORTLAND STATE QUICK FACTS

Location: Portland, Ore.
Founded: 1946 (Four-year in 1955)
Enrollment: 27,000
Nickname: Vikings
Colors: Green, White and Silver
Facility: Peter W. Stott Center
Capacity: 1,500
President: Wim Wiewel
Faculty Athletic Representative: Dr. Bob Lockwood
Athletics Director: Torre Chisholm
Associate Athletics Director/SWA: Barbara Dearing
Sports Information Director: Mike Lund
Web Site: www.goviks.com

VOLLEYBALL FACTS

Head Coach: Michael Seemann
Record at PSU/Years: 41-17/Two years
Overall Record/Years: Same
Office Phone: 503.725.5115
2008 Record: 20-9, 11-5 Big Sky
Assoc. Head Coach: Jeff Mozzochi
Assistant Coach: Katie Kaysinger

PERSONNEL BREAKDOWN

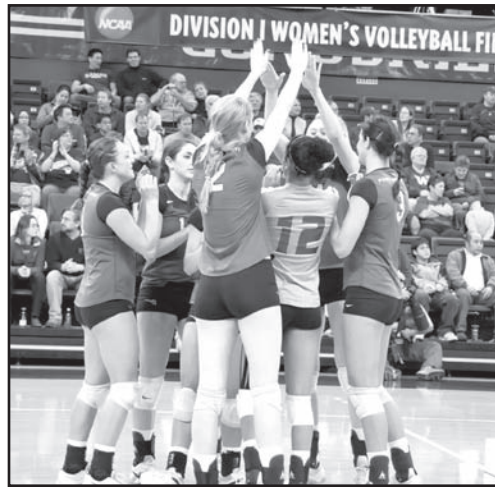
Starters Returning/Lost: 6/0+libero
Letterwinners Returning/Lost: 10/2
Newcomers: 7

MEDIA INFORMATION

Volleyball Contact: Ryan Borde
Office: 503.725.2525
Press Row: 503.725.5597
Fax: 503.725.5550
Email: rborde@pdx.edu

VIKING MEDIA

Print Media
The Oregonian: 503.221.8160
Portland Tribune: 503.226.6397
Associated Press: 503.228.2169
Vancouver Columbian: 360.694.3391
Salem Statesman: 503.399.6700
PSU Vanguard: 503.725.4531



VIKING TEAM NOTES

- Portland State is coming of its first ever trip to the NCAA Tournament at the NCAA Division I level. The Vikings also captured their first Big Sky Tournament title last year.
- The Vikings have five seniors on the roster this season in Erica Jepsen, Lindsey Steele, Jennifer Oney, Marija Vojnovic and 2008 Tournament MVP Nique Fradella. It's the most returning seniors on a squad since the 1993 team had six.
- The senior class has been a part of three straight 20-win seasons and has compiled a record of 62-24.
- Portland State has gone 29-2 at home in Big Sky matches over the past four seasons, including 7-0 in 2005, 8-0 in 2006, 8-0 in 2007 and 6-2 in 2008.
- The Vikings had a 29-match home conference winning streak that started in 2005 and lasted until a 3-2 loss vs. Sacramento State on Oct. 17, 2008.
- Twenty-four of Portland State's 38 conference wins over the past three seasons have come by sweep.

PORTLAND STATE ADMINISTRATION



Dr. Wim Wiewel
President



Dr. Robert Lockwood
Faculty Representative



Torre Chisholm
Athletics Director



Barbara Dearing
Associate Athletics
Director/SWA



Ryan Borde
Volleyball SID

PORTLAND STATE VIKINGS

VIKING PROFILE

RETURNERS

#	Name	Pos.	Ht.	Yr.	Exp.	Hometown/Prev. School
2	Christie Hamilton	MB/OH	6-3	Jr.	2V	Calgary, Alberta/Western Canada H.S.
3	Tracy Vargas	MB/OH	6-1	So.	1V	Anthem, Ariz./Greenway H.S.
4	Lindsey Steele	OH	5-11	Sr.	3V	Loveland, Colo./Mountain View H.S.
6	Jennifer Oney	OH	5-11	Sr.	3V	Spanaway, Wash./Spanaway Lake H.S.
9	Marija Vojnovic	OH	5-9	Sr.	3V	Belgrade, Serbia/Gresham, Ore. H.S.
10	Nicole Bateham	DS	5-7	So.	1V	Corvallis, Ore./Crescent Valley H.S.
11	Nique Fradella	S	5-9	Sr.	3V	Lake Arrowhead, Calif./Rim of the World H.S.
14	Erica Jepsen	MB	6-0	Sr.	3V	Kennewick, Wash./Kamiakin H.S.
16	Diana Villalpando	DS	5-5	Jr.	2V	Troutdale, Ore./Reynolds H.S.
22	Lana Zielke	MB	6-3	Jr.	1V	Gresham, Ore./Gresham H.S.

NEWCOMERS

#	Name	Pos.	Ht.	Yr.	Exp.	Hometown/Prev. School
1	Courtney Toney	DS	5-8	Fr.	HS	Burns, Ore./Burns H.S.
8	Alexa Rosendale	OH	5-10	Fr.	RS	Watsonville, Calif./Mt. Madonna H.S.
12	Dominika Kristinikova	S	5-9	Fr.	HS	Bratislava, Slovakia/Auburn Riverside H.S.
13	Megan Ellis	OH	6-0	Fr.	RS	Burnaby, British Columbia/Alpha Secondary H.S.
15	Lily Wygal	MB	5-10	Fr.	HS	Wilsonville, Ore./Central Catholic H.S.
18	Whitney Phillips	OH	5-10	Jr.	TR	Scottsdale, Ariz./New Mexico State
23	Garyn Schlatter	S	5-9	Fr.	HS	Canby, Ore./Canby H.S.

KEY LOSSES

Name	Pos.	Ht.	Yr.	2008 Statistics
Jalen Pendon	DS	5-9	Sr.	4.86 dps; 0.33 aps

2009 SCHEDULE

Date	Opponent	Time
8/28	vs. UC Santa Barbara ¹	4:00 p.m.
8/29	at New Mexico ¹	12:00 p.m.
8/29	vs. Delaware ¹	4:00 p.m.
9/4	Gonzaga²	7:30 p.m.
9/5	Boise State²	1:00 p.m.
9/5	Washington²	7:30 p.m.
9/8	at Oregon	7:00 p.m.
9/11	vs. Sam Houston State ³	5:00 p.m.
9/12	vs. UC Davis ³	10:00 a.m.
9/12	at Nevada ³	7:00 p.m.
9/18	Montana State*	7:00 p.m.
9/19	Montana*	7:00 p.m.
9/25	at Weber State*	7:00 p.m.
9/26	at Idaho State*	7:00 p.m.
9/30	Trinity Western	7:00 p.m.
10/3	Sacramento State*	7:00 p.m.
10/7	at Seattle	7:00 p.m.
10/9	at Eastern Washington*	7:00 p.m.
10/15	at Northern Colorado*	7:00 p.m.
10/17	at Northern Arizona*	7:00 p.m.
10/23	Idaho State*	7:00 p.m.
10/24	Weber State*	7:00 p.m.
10/30	at Montana*	7:00 p.m.
10/31	at Montana State*	7:00 p.m.
11/6	Eastern Washington*	7:00 p.m.
11/13	Northern Arizona*	7:00 p.m.
11/14	Northern Colorado*	7:00 p.m.
11/20	at Sacramento State*	7:00 p.m.

All times local to site

* Big Sky Match

Home matches in **bold**

¹MCM Elegante New Mexico Classic

²Northwest Challenge

³AT&T Nevada Invitational

VIKINGS TO WATCH



NIQUE FRADELLA
Senior
5-9 • Setter
Lake Arrowhead, Calif.

- Two-time second team All-Big Sky selection.
- Career assists per set average of 12.42 is the best among returning setters in the conference.
- Led the Big Sky in assists per set in 2006 with 13.27, ranked second in 2007 with 11.59, and third in 2008 with an average of 10.15.
- Named the 2008 Big Sky Tournament MVP after averaging 10.43 assists and 1.14 blocks.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	103	80	212	1,045	51
2007	105	134	182	1,217	83
2006	103	63	165	1,367	55
Totals	311	277	559	3,629	189



ERICA JEPSEN
Senior
6-0 • Middle Blocker
Kennewick, Wash.

- Became Portland State's first player to ever earn first team Academic All-District VIII honors at the Division I level.
- Ranked in the top five in the Big Sky in blocks per set each of the past two seasons. In 2008, she was second with 1.26 and finished fifth in 2007 with 1.20 blocks per set.
- Also averaged 1.84 kills per set and had a .212 hitting percentage last season.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	73	134	32	9	92
2007	105	231	25	7	126
2006	46	66	8	3	48
Totals	224	431	65	19	266



MARIJA VOJNOVIC
Senior
5-9 • Outside Hitter
Belgrade, Serbia

- Was Portland State's only first team all-conference selection last season.
- Ranked fifth in the Big Sky in aces per set with 0.28 and sixth in kills with 2.93 per set.
- Her 13 double-doubles were the fourth-most in the conference, and she recorded 11 straight matches of 10 or more kills.
- Additionally, she recorded 10-plus kills in 19 matches and 10-plus digs 17 times.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	103	302	308	27	23
2007	105	349	351	32	32
2006	43	12	28	2	2
Totals	251	663	687	61	57

PORTLAND STATE VIKINGS

HEAD COACH MICHAEL SEEMANN



Alma Mater: Portland State
Hometown: Grafton, Wis.
Division I Record/Season: 41-17/3rd
PSU Record/Season: Same
Playing Career: Wisconsin (Eau-Claire), 1994

• Entering his third season, Michael Seemann has compiled a 41-17 mark in his two years on the Park Blocks. He has led the Viks to the 2007 Big Sky regular season title and to the 2008 Big Sky Tournament Championship.

• Seemann has the best overall record of any Big Sky head coach since taking over the PSU program in 2007. His 41 wins and .707 winning percentage rank him first in the past two seasons, while his 24-8 Big Sky record ties him with Eastern Washington's Miles Kydd for the top spot.

• Seemann's PSU squads have been known for their defense as the Vikings have led the Big Sky in opponent hitting percentage each of the past two years. PSU led the conference in digs a year ago and finished second in 2007. The Viks also led the BSC in blocks in '07, while finishing second last season.

PREVIOUS COACHING EXPERIENCE

- *Portland State*, Associate Head Coach (2005-06)
- *Oregon State*, Assistant Coach (2002-05)
- *Mount Hood Community College*, Head Coach (1998-2002)
- *Northland College*, Head Coach (1995 - 1998)

SEEMANN YEAR-BY-YEAR

Year	School	W	L	Pct	BSC Rec/Fin
2007	Portland State	21	8	.724	13-3/1 st
2008	Portland State	20	9	.690	11-5/2 nd
Totals	Two Years	41	17	.707	24-8/.750

SEEMANN VS. THE BIG SKY

Eastern Washington	2-3
Idaho State	4-0
Montana	4-0
Montana State	4-0
Northern Arizona	4-0
Northern Colorado	4-1
Sacramento State	1-4
Weber State	4-1

VIKING COACHING STAFF

PORTLAND STATE SEASON-BY-SEASON

(Since Joining the Big Sky)



Jeff Mozzochi
 Assoc. Head Coach
 18th Year w/ PSU



Katie Kaysinger
 Assistant Coach
 Eighth Year

Year	Coach	Big Sky				Overall		
		W	L	PCT	Rk	W	L	PCT
1996	Chris Stanley	3	13	.188	9	12	18	.400
1997	Chris Stanley	7	9	.438	5	13	17	.433
1998	Chris Stanley	2	14	.125	8	7	23	.233
1999	Chris Stanley	0	16	.000	9	2	24	.077
2000	Chris Stanley	0	16	.000	9	0	25	.000
2001	Jeff Mozzochi	1	13	.071	8	4	16	.200
2002	Jeff Mozzochi	4	10	.286	6	12	14	.462
2003	Jeff Mozzochi	3	11	.214	6	14	13	.519
2004	Jeff Mozzochi	5	9	.357	5	14	17	.452
2005	Jeff Mozzochi	10	4	.714	2	21	9	.700
2006	Jeff Mozzochi	14	2	.875	2	21	7	.833
2007	Michael Seemann	13	3	.812	1	21	8	.724
2008	Michael Seeman	11	5	.688	2	20	9	.690
Total	Three Coaches	73	125	.369	--	161	195	.452

VIKINGS vs. The Sky

School	Overall		Big Sky	
	Won	Lost	Won	Lost
Eastern Washington	16	25	3	24
Idaho State	24	14	13	13
Montana	40	14	14	12
Montana State	35	20	12	14
Northern Arizona	11	15	11	15
Northern Colorado	6	1	5	1
Sacramento State	13	34	3	23
Weber State	24	14	12	14

PORTLAND STATE VIKINGS

2008 INDIVIDUAL STATISTICS

Name	OVERALL STATISTICS								CONFERENCE STATISTICS							
	G	K	KPG	E	TA	Pct	A	APG	G	K	KPG	E	TA	Pct	A	APG
Savannah Reid	13	1	0.08	0	1	1.000	20	1.54	8	1	0.12	0	1	1.000	17	2.12
Christie Hamilton	84	150	1.79	49	342	.295	31	0.37	53	93	1.75	29	205	.312	18	0.34
Tracy Vargas	70	111	1.59	51	300	.200	2	0.03	41	70	1.71	34	193	.187	2	0.05
Lindsey Steele	89	167	1.88	83	613	.137	30	0.34	47	69	1.47	36	283	.117	10	0.21
Jennifer Oney	92	237	2.58	126	697	.159	6	0.07	52	139	2.67	75	390	.164	3	0.06
Marija Vojnovic	103	302	2.93	129	1049	.165	27	0.26	55	183	3.33	73	594	.185	14	0.25
Nicole Bateham	52	1	0.02	2	10	-.100	6	0.12	26	1	0.04	2	9	-.111	2	0.08
Nique Fradella	103	80	0.78	28	210	.248	1045	10.15	55	40	0.73	18	114	.193	594	10.80
Jalen Pendon	103	1	0.01	0	4	.250	34	0.33	55	1	0.02	0	3	.333	18	0.33
Erica Jepsen	73	134	1.84	56	368	.212	9	0.12	26	46	1.77	19	112	.241	2	0.08
Diana Villalpando	96	2	0.02	1	5	.200	25	0.26	49	1	0.02	0	1	1.000	14	0.29
Lana Zielke	84	147	1.75	47	414	.242	6	0.07	53	101	1.91	27	280	.264	5	0.09
<i>Vikings</i>	103	1333	12.94	572	4013	.190	1241	16.27	55	745	13.55	313	2185	.198	699	12.71
Opponents	103	1296	12.58	657	4046	.158	1210	11.75	55	698	12.69	355	2189	.157	661	12.02

Name	OVERALL STATISTICS									CONFERENCE STATISTICS								
	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG
Savannah Reid	1	0.08	-	17	1.31	0	0	0	0.00	0	0.00	-	11	1.38	0	0	0	0.00
Christie Hamilton	0	0.00	-	29	0.35	0	51	51	0.61	0	0.00	-	20	0.38	0	34	34	0.64
Tracy Vargas	11	0.16	-	32	0.46	8	60	68	0.97	8	0.20	-	21	0.51	4	34	38	0.93
Lindsey Steele	13	0.15	-	269	3.02	3	40	43	0.48	7	0.15	-	138	2.94	0	15	15	0.32
Jennifer Oney	2	0.02	-	59	0.64	3	32	35	0.38	1	0.02	-	31	0.60	2	16	18	0.35
Marija Vojnovic	29	0.28	-	308	2.99	3	20	23	0.22	19	0.35	-	173	3.15	2	13	15	0.27
Nicole Bateham	1	0.02	-	94	1.81	0	0	0	0.00	0	0.00	-	60	2.31	0	0	0	0.00
Nique Fradella	22	0.21	-	212	2.06	4	47	51	0.50	10	0.18	-	124	2.25	1	24	25	0.45
Jalen Pendon	15	0.15	-	501	4.86	0	0	0	0.00	11	0.20	-	282	5.13	0	0	0	0.00
Erica Jepsen	1	0.01	-	32	0.44	10	82	92	1.26	0	0.00	-	8	0.31	4	29	33	1.27
Diana Villalpando	11	0.11	-	203	2.11	0	0	0	0.00	8	0.16	-	93	1.90	0	0	0	0.00
Lana Zielke	6	0.07	-	20	0.24	7	54	61	0.73	6	0.11	-	14	0.26	5	39	44	0.83
<i>Vikings</i>	112	1.09	104	1776	17.24	38	386	231.0	2.24	70	1.27	53	975	17.73	18	204	120.0	2.18
Opponents	104	1.01	112	1790	17.38	49	355	226.5	2.20	53	0.96	70	979	17.80	25	195	122.5	2.23

2008 RESULTS

Date	Opponent	Result	Date	Opponent	Result
8/29	vs. College of Charleston ¹	W, 3-2	10/30	at Montana State*	W, 3-0
8/30	at Oregon State ¹	L, 0-3	11/1	at Montana*	W, 3-1
8/30	vs. Wyoming ¹	W, 3-2	11/6	Northern Colorado*	W, 3-0
9/4	vs. Boise State ²	W, 3-0	11/8	Northern Arizona*	W, 3-0
9/5	vs. Gonzaga ²	W, 3-0	11/15	Eastern Washington*	L, 0-3
9/5	vs. Washington ²	L, 0-3	11/22	at Sacramento State*	L, 0-3
9/11	Portland ³	W, 3-2	11/28	vs. Northern Colorado#	W, 3-0
9/12	UC Riverside ³	W, 3-0	11/29	Eastern Washington#	W, 3-1
9/13	Seattle ³	W, 3-0	12/5	No. 5 Washington\$	L, 0-3
9/13	Idaho ³	L, 2-3			
9/18	at Idaho State*	W, 3-0		\$NCAA Tournament	
9/20	at Weber State*	W, 3-0		#Big Sky Tournament	
9/25	Montana*	W, 3-1		* Big Sky Match	
9/27	Montana State*	W, 3-0		¹ Oregon State Invitational	
10/2	at Northern Arizona*	W, 3-1		² Northwest Conference Challenge	
10/4	at Northern Colorado*	L, 1-3		³ Portland State Volleyball Showcase	
10/10	at Eastern Washington*	L, 1-3			
10/17	Sacramento State*	L, 2-3			
10/23	Weber State*	W, 3-0			
10/25	Idaho State*	W, 3-0			

SACRAMENTO STATE HORNETS



SACRAMENTO STATE QUICK FACTS

Location: Sacramento, Calif.
Founded: 1947
Enrollment: 29,011
Nickname: Hornets
Colors: Green and Gold
Facility: Colberg Court
Capacity: 1,200
President: Dr. Alexander Gonzalez
Faculty Athletic Representative: Dr. Steve Perez
Athletics Director: Dr. Terry Wanless
Senior Woman Administrator: Lois Mattice
Sports Information Director: Brian Berger
Web Site: www.hornetsports.com

VOLLEYBALL FACTS

Head Coach: Ruben Volta
Record at SAC/Years: 10-23/One year
Overall Record/Years: Same
Office Phone: 916.278.6427
2008 Record: 10-23, 8-8 Big Sky
Assistant Coach: Sarah Chlebana, Weidi Zhang

PERSONNEL BREAKDOWN

Starters Returning/Lost: 5/1+libero
Letterwinners Returning/Lost: 9/4
Newcomers: 4

MEDIA INFORMATION

Volleyball Contact: Ryan Bjork
Office: 916.278.6896
Press Row: 916.278.7531
Fax: 916.278.5429
Email: rbjork@csus.edu

HORNET MEDIA

Print Media:
Sacramento Bee: 916.441.4100
State Hornet: 916.278.7248
TV Market: KCRA, KXTV, KTXL, KOVR



HORNET TEAM NOTES

- Sacramento State had won 11 consecutive Big Sky regular season and/or tournament championships until last season's team, in a rebuilding phase, finished in sixth place with an 8-8 conference record. In fact, the Hornets had finished either first or second in the league standings every year since joining the Big Sky in 1996 prior to last year's sixth-place finish.
- Sacramento State has reached the NCAA Tournament six times in the last seven years, and 10 times in the last 12. That includes a second-round appearance in 2007 after the team upset Minnesota in the first round.
- During the program's 13-year tenure in the Big Sky, the Hornets are 160-38 in conference play, the best mark among the league's nine teams. That includes eight Big Sky regular season championships and 10 conference tournament titles over that span.
- Second-year head coach Ruben Volta welcomes back nine players from last season's team, including five starters. Leading the way is senior outside hitter Desiree Hoyum, who was an all-conference selection in 2008 after averaging 2.91 kills and 2.83 digs per set. Other returning starters include middle hitters Maddison Thivierge and Kelsey Elston, outside hitter Eryn Kirby, and setter Melissa Melcher.

SACRAMENTO STATE ADMINISTRATION



Dr. Alexander Gonzalez
President



Dr. Steve Perez
Faculty Athletic
Representative



Dr. Terry Wanless
Athletics Director



Lois Mattice
Senior Woman
Administrator



Ryan Bjork
Volleyball SID

SACRAMENTO STATE HORNETS

HORNET PROFILE

RETURNERS

#	Name	Pos.	Ht.	Yr.	Hometown/Prev. School
1	Breanne Menees	DS	5-4	So.	Bakersfield, Calif./Centennial H.S.
2	Olivia Moss	MH	6-2	So.	Monument, Colo./Lewis Palmer H.S.
3	Cayti Crowton	OH	5-10	So.	Garden Valley, Calif./Golden Sierra H.S.
4	Maddison Thivierge	MH	5-11	Jr.	Ashland, Ore./Ashland H.S.
6	Shannon Wilson	MH	6-2	Fr.	Rocklin, Calif./Rocklin H.S.
7	Desiree Hoyum	OH	6-0	Sr.	Anderson, Calif./West Valley H.S.
8	Melissa Melcher	S	5-9	Sr.	Redlands, Calif./Redlands East Valley H.S.
9	Anna Schoener	MH/OPP	5-11	So.	Placerville, Calif./Union Mine H.S.
10	Eryn Kirby	OH	6-0	So.	Yuba City, Calif./Yuba City H.S.
11	Kelsey Elston	MH	6-0	So.	Rocklin, Calif./Rocklin H.S.

NEWCOMERS

#	Name	Pos.	Ht.	Yr.	Hometown/Prev. School
5	Hannah Hettinga	S	5-9	Fr.	Boise, Idaho/Capital H.S.
12	Janelle Currey	OH/DS	5-10	Fr.	Rocklin, Calif./Rocklin H.S.
14	Emily Trudgeon	OPP	5-10	Sr.	Yuba City, Calif./Henderson State
15	Sydney Kordic	DS	5-8	Fr.	San Ramon, Calif./California H.S.

KEY LOSSES

Name	Pos.	Ht.	Yr.	2008 Statistics
Brittany Ferguson	OPP	5-10	Sr.	2.06 kps; 0.66 dps
Rose Burke	S	5-8	Sr.	9.20 aps; 2.50 dps
Katie Van Der Wende	L	5-6	Sr.	4.11 dps; 0.67 aps

2009 SCHEDULE

Date	Opponent	Time
8/28	vs. Siena ¹	4:30 p.m.
8/29	vs. New Hampshire ¹	11:00 a.m.
8/29	at Syracuse ¹	7:00 p.m.
9/4	Cal State Bakersfield²	7:30 p.m.
9/5	UC Riverside²	12:30 p.m.
9/5	Santa Clara²	7:30 p.m.
9/11	San Francisco³	7:30 p.m.
9/12	Fresno State³	12:30 p.m.
9/12	Alabama³	7:30 p.m.
9/15	UC Davis	7:00 p.m.
9/18	vs. Western Kentucky ⁴	5:00 p.m.
9/19	vs. Eastern Michigan ⁴	10:00 a.m.
9/19	at DePaul ⁴	7:30 p.m.
9/22	Nevada	7:00 p.m.
9/24	Northern Arizona*	7:00 p.m.
9/25	Northern Colorado*	7:00 p.m.
10/2	at Eastern Washington*	7:00 p.m.
10/3	at Portland State*	7:00 p.m.
10/9	at Idaho State*	7:00 p.m.
10/10	at Weber State*	7:00 p.m.
10/13	at San Jose State	7:00 p.m.
10/16	Montana State*	7:00 p.m.
10/17	Montana*	7:00 p.m.
10/22	at Northern Arizona*	7:00 p.m.
10/24	at Northern Colorado*	7:00 p.m.
10/27	Pacific	7:00 p.m.
11/6	Weber State*	7:00 p.m.
11/7	Idaho State*	7:00 p.m.
11/13	at Montana*	7:00 p.m.
11/14	at Montana State*	7:00 p.m.
11/20	Portland State*	7:00 p.m.
11/21	Eastern Washington*	7:00 p.m.

All times local to site

*Big Sky Match

Home matches in **bold**

¹Syracuse Big Orange Tournament

²Sacramento State Invitational

³Hornet Invitational

⁴DePaul (Illinois) Invitational

HORNETS TO WATCH



KELSEY ELSTON

Sophomore
6-0 • Middle Hitter
Rocklin, Calif.

- Appeared in 32 matches, including 29 starts despite being a freshman last year.
- Finished with averages of 1.34 kills, 0.42 digs and a team-high 0.83 blocks per set.
- She increased those averages against Big Sky competition to 1.43 kills and 1.10 blocks per set, with a .245 hitting percentage.
- Her 1.10 blocks per set in league play was the fifth best mark in the Big Sky.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	110	147	46	4	91
Totals	110	147	46	4	91



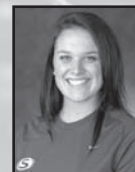
DESIREE HOYUM

Senior
6-0 • Outside Hitter
Anderson, Calif.

- Named all-conference honorable mention last year after posting career high averages in kills per set with 2.91 and and digs per set with 2.83.
- Ranked first on the team in kills and second in digs.
- Notched 13 double-doubles, which tied for the fourth best mark in the Big Sky.
- Led, or tied the team lead, in kills in 22 matches.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	124	361	351	43	49
2007	123	119	60	43	69
2006	27	20	15	0	3
Totals	274	500	426	86	121



MADDISON THIVIERGE

Junior
5-11 • Middle Hitter
Ashland, Ore.

- One of three Hornets to start all 33 matches, and play in all 124 sets last year. She averaged 2.19 kills, 0.52 digs and 0.74 blocks per set.
- Had a .252 hitting percentage in 2008, which was the best on the team and the seventh-best mark in the Big Sky.
- After tallying double-figure kills twice in the first 17 matches of the season, she had double figures in nine of the last 16 matches.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	124	272	64	13	92
2007	46	49	9	10	19
Totals	170	321	73	23	111

SACRAMENTO STATE HORNETS

HEAD COACH RUBEN VOLTA



Alma Mater: Sacramento State, 1993
Hometown: Sacramento, Calif.
Division I Record/Season: 10-23/2nd
SAC Record/Season: Same
Playing Career: Sacramento State Club

- Begins his second season as head coach, marking the 10th year Volta has been on the Sacramento State coaching staff, including one year as the associate head coach, five years as an assistant, and two seasons as a volunteer assistant.

- In Volta's first season as head coach, he led the program to its 33rd consecutive season with double figures in wins and an 8-8 mark in conference despite losing both starting outside hitters, both starting middle hitters and the starting libero from the previous year.

- The 2008 squad featured two all-conference performers, and set the program record for most Big Sky all-academic selections in a season with eight. In fact, eight members of this year's team currently have grade point averages of at least a 3.25.

VOLTA YEAR-BY-YEAR

Year	School	W	L	Pct	BSC Rec/Fin.
2008	Sacramento State	10	23	.303	8-8/6 th
Totals	One Year	10	23	.303	8-8/500

PREVIOUS COACHING EXPERIENCE

- *Sacramento State,*
Assistant Coach (2000-07)

VOLTA VS. THE BIG SKY

Eastern Washington	0-2
Idaho State	1-1
Montana.....	1-1
Montana State	2-0
Northern Arizona.....	1-1
Northern Colorado	0-3
Portland State.....	2-0
Weber State.....	1-1

HORNET COACHING STAFF

SACRAMENTO STATE SEASON-BY-SEASON

Since Joining the Big Sky



Sarah Chlebana
Assistant Coach
Second Year



Weidi Zhang
Assistant Coach
23rd Year

Year	Coach	Big Sky				Overall		
		W	L	PCT	Rk	W	L	PCT
1996	Debby Colberg	12	4	.750	2	24	11	.686
1997	Debby Colberg	13	3	.813	T1	23	9	.719
1998	Debby Colberg	15	1	.938	1	26	9	.743
1999	Debby Colberg	13	3	.938	1	22	10	.688
2000	Debby Colberg	12	4	.840	T1	21	12	.636
2001	Debby Colberg	12	2	.857	1	20	9	.690
2002	Debby Colberg	11	3	.786	2	24	11	.686
2003	Debby Colberg	12	2	.857	2	23	12	.657
2004	Debby Colberg	11	3	.786	2	25	8	.758
2005	Debby Colberg	13	1	.929	1	26	9	.743
2006	Debby Colberg	15	1	.938	1	30	6	.833
2007	Debby Colberg	13	3	.812	T1	29	8	.784
2008	Ruben Volta	8	8	.500	6	10	23	.303
Totals	Two Coaches	160	38	.808	--	303	137	.659

HORNETS vs. The Sky

School	Overall		Big Sky	
	Won	Lost	Won	Lost
Eastern Washington	26	10	18	9
Idaho State	24	3	23	3
Montana	24	5	23	3
Montana State	31	5	22	5
Northern Arizona	26	7	21	5
Northern Colorado	7	4	3	3
Portland State	34	13	23	3
Weber State	22	7	22	6

SACRAMENTO STATE HORNETS

2008 INDIVIDUAL STATISTICS

Name	OVERALL STATISTICS								CONFERENCE STATISTICS							
	G	K	KPG	E	TA	Pct	A	APG	G	K	KPG	E	TA	Pct	A	APG
Brittany Ferguson	124	256	2.06	132	761	.163	5	0.04	63	130	2.06	71	367	.161	1	0.02
Olivia Moss	38	38	1.00	15	83	.277	0	0.00	9	5	0.56	4	15	.067	0	0.00
Cayti Crowton	44	56	1.27	35	167	.126	0	0.00	21	18	0.86	13	53	.094	0	0.00
Maddison Thivierge	124	272	2.19	94	707	.252	13	0.10	63	146	2.32	48	375	.261	7	0.11
Rose Burke	123	72	0.59	18	216	.250	1132	9.20	63	47	0.75	8	127	.307	630	10.00
Shannon Wilson	8	11	1.38	5	22	.273	1	0.12	-	-	-	-	-	-	-	-
Desiree Hoyum	124	361	2.91	204	1222	.128	43	0.35	63	215	3.41	114	700	.144	24	0.38
Melissa Melcher	112	4	0.04	0	12	.333	54	0.48	61	2	0.03	0	5	.400	25	0.41
Eryn Kirby	108	230	2.13	120	834	.132	15	0.14	60	143	2.38	67	511	.149	7	0.12
Kelsey Elston	110	147	1.34	66	417	.194	4	0.04	63	90	1.43	30	245	.245	1	0.02
Katie Van Der Wende	122	4	0.03	6	18	-.111	82	0.67	63	1	0.02	3	5	-.400	44	0.70
Whitney Mendivil	25	8	0.32	11	53	-.057	1	0.04	5	0	0.00	2	6	-.333	0	0.00
Breanne Menees	78	1	0.01	3	9	-.222	6	0.08	47	0	0.00	2	4	-.500	4	0.09
<i>Hornets</i>	124	1460	11.77	709	4521	.166	1356	10.94	63	797	12.65	362	2413	.180	743	11.79
Opponents	124	1622	13.08	619	4488	.223	1514	12.21	63	791	12.56	340	2416	.187	741	11.76

Name	OVERALL STATISTICS									CONFERENCE STATISTICS								
	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG
Brittany Ferguson	7	0.06	-	82	0.66	3	48	51	0.41	1	0.02	-	25	0.40	2	34	36	0.57
Olivia Moss	1	0.03	-	5	0.13	1	19	20	0.53	0	0.00	-	0	0.00	0	1	1	0.11
Cayti Crowton	0	0.00	-	12	0.27	1	10	11	0.25	0	0.00	-	4	0.19	0	2	2	0.10
Maddison Thivierge	23	0.19	-	64	0.52	12	80	92	0.74	4	0.06	-	18	0.29	3	44	47	0.75
Rose Burke	24	0.20	-	307	2.50	4	59	63	0.51	9	0.14	-	174	2.76	3	33	36	0.57
Shannon Wilson	0	0.00	-	1	0.12	0	2	2	0.25	-	-	-	-	-	-	-	-	-
Desiree Hoyum	13	0.10	-	351	2.83	12	37	49	0.40	8	0.13	-	210	3.33	8	24	32	0.51
Melissa Melcher	14	0.12	-	226	2.02	1	2	3	0.03	7	0.11	-	162	2.66	0	1	1	0.02
Eryn Kirby	32	0.30	-	229	2.12	11	29	40	0.37	15	0.25	-	148	2.47	5	18	23	0.38
Kelsey Elston	6	0.05	-	46	0.42	5	86	91	0.83	4	0.06	-	29	0.46	4	65	69	1.10
Katie Van Der Wende	14	0.11	-	502	4.11	0	0	0	0.00	6	0.10	-	291	4.62	0	0	0	0.00
Whitney Mendivil	0	0.00	-	5	0.20	0	0	0	0.00	0	0.00	-	0	0.00	0	0	0	0.00
Breanne Menees	5	0.06	-	114	1.46	0	0	0	0.00	0	0.00	-	56	1.19	0	0	0	0.00
<i>Hornets</i>	139	1.12	170	1944	15.68	50	372	236.0	1.90	54	0.86	82	1117	17.73	25	222	136.0	2.16
Opponents	171	1.38	139	2011	16.22	48	453	274.5	2.21	82	1.30	54	1071	17.00	16	257	144.5	2.29

2008 RESULTS

Date	Opponent	Result	Date	Opponent	Result
8/29	vs. Texas-Pan American ¹	W, 3-0	10/11	Montana State*	W, 3-0
8/29	vs. Miami ¹	L, 0-3	10/17	at Portland State*	W, 3-2
8/30	at Texas State ¹	L, 2-3	10/18	at Eastern Washington*	L, 2-3
8/30	vs. Louisiana-Monroe ¹	W, 3-0	10/31	Northern Colorado*	L, 2-3
9/5	Cal State Northridge ²	L, 0-3	11/1	Northern Arizona*	W, 3-1
9/6	San Jose State ²	L, 1-3	11/4	at Pacific	L, 0-3
9/6	Saint Mary's ²	L, 2-3	11/7	at Idaho State*	L, 2-3
9/12	at San Francisco ³	L, 0-3	11/8	at Weber State*	L, 1-3
9/13	vs. Miami ³	L, 0-3	11/14	at Montana State*	W, 3-0
9/13	vs. Villanova ³	L, 1-3	11/15	at Montana*	L, 0-3
9/16	at Santa Clara ³	L, 0-3	11/21	Eastern Washington*	L, 1-3
9/19	vs. Fordham ⁴	L, 0-3	11/22	Portland State*	W, 3-0
9/20	vs. Cal State Bakersfield ⁴	L, 2-3	11/28	vs. Northern Colorado#	L, 1-3
9/20	at UC Davis ⁴	L, 1-3			
9/25	at Northern Arizona*	L, 0-3		#Big Sky Tournament	
9/27	at Northern Colorado*	L, 0-3		*Big Sky Match	
10/3	Idaho State*	W, 3-0		¹ Texas State Tournament	
10/4	Weber State*	W, 3-2		² Sacramento State Invitational	
10/7	at Nevada	L, 0-3		³ USF Invitational	
10/10	Montana*	W, 3-2		⁴ Aggie Invitational	

WEBER STATE WILDCATS



WEBER STATE QUICK FACTS

Location: Ogden, Utah
Founded: 1889 (Four-year, 1962)
Enrollment: 21,000
Nickname: Wildcats
Colors: Purple and White
Facility: Swenson Gym
Capacity: 1,000
President: Dr. F. Ann Millner
Faculty Athletic Representative: Dr. Molly Smith
Athletics Director: Jerry Graybeal
Sports Information Director: Brad Larsen
Web Site: www.weberstatesports.com

VOLLEYBALL FACTS

Head Coach: Al Givens
Record at WSU/Years: 193-283/16 years
Overall Record/Years: 345-420/17 years
Office Phone: 801.626.7091
2008 Record: 21-13, 9-7 Big Sky
Assistant Coaches: Melissa Leonard,
Stephanie Birch

PERSONNEL BREAKDOWN

Starters Returning/Lost: 5/2
Letterwinners Returning/Lost: 7/3
Newcomers: 8

MEDIA INFORMATION

Volleyball Contact: Paul Grua
Office: 801.626.7414
Press Row: 801.626.6588
Fax: 801.626.6490
Email: pgrua@weber.edu

WILDCAT MEDIA

Print Media:
Standard Examiner: 801.625.4229
Salt Lake Tribune: 801.257.8900
Deseret News: 801.237.6161
WSU Signpost: 801.626.7983



WILDCAT TEAM NOTES

- Weber State is coming off a 21-13 overall record and a 9-7 mark in Big Sky play in 2008. The 21 wins was the most wins by a Weber State team since 1988 and was just the sixth time in school history with 20 wins in a season.
- The Wildcats finished fifth in the Big Sky and advanced to the conference tournament for the fourth straight season. It marked the first time in school history that Weber State has gone to four straight tournaments.
- Weber State lost just two seniors off last year's squad and has seven letter winners returning. The Wildcats will also have five seniors on the squad.
- Among those returning this season is senior Chelsea Bair who has appeared in 99 career matches at Weber State and ranks in the top ten on the school career charts in five categories.
- Weber State will open the season hosting the Canyon Pines Best Western Weber State Invitational, their first home tournament in four seasons and the first tournament in the newly renovated Swenson Gym.

WEBER STATE ADMINISTRATION



Dr. Ann Millner
President



Molly Smith
Faculty Athletic
Representative



Jerry Graybeal
Athletics Director



Carla Taylor
Senior Woman
Administrator



Paul Grua
Volleyball SID

WEBER STATE WILDCATS

WILDCAT PROFILE

RETURNERS

#	Name	Pos.	Ht.	Yr.	Hometown/Prev. School
1	Chelsea Bair	OH	5-10	Sr.	Provo, Utah/Timpview
2	Kim Lissinna	S	5-11	Jr.	Kelvington, SK, Canada/Kelvington
6	Jocilyn Taylor	S	5-7	Sr.	Morgan, Utah/Snow College
10	Jenna Leggat	OH	5-11	Sr.	Hayden Lake, Idaho/Couer d'Alene
11	Amy Fackrell	MB	6-2	Sr.	Kaysville, Utah/Davis
13	Caitlyn Anderson	L/OH	5-11	Sr.	Idaho Falls, Idaho/Idaho Falls
14	Katie Mario	OH	6-0	So.	Regina, SK, Canada/Winston Knoll

NEWCOMERS

#	Name	Pos.	Ht.	Yr.	Hometown/Prev. School
3	Bethany Wray	OH	6-0	Fr.	Farr West, Utah/Fremont
4	Mikelle Kap	L	5-4	Fr.	Morgan, Utah/Morgan
5	Emily Jones	OH	5-11	Fr.	Rigby, Idaho/Rigby
7	Caitlin Penrod	S	5-11	Fr.	South Ogden, Utah/Bonneville
8	Carissa Noble	MB	6-1	R-Fr.	Saskatoon, SK, Canada/Marion Graham
9	Shanae Langston	OH	5-10	Fr.	Kaysville, Utah/Davis
12	Elli Graff	MB	6-1	Fr.	Bozeman, Mont./Bozeman
15	Briana Wilms	MB	6-2	Fr.	Swift Current, SK, Canada/Swift Cur.

KEY LOSSES

Name	Pos.	Ht.	Yr.	2008 Statistics
Brittney Bisailon	MB	6-0	Sr.	.349 hp; 1.32 bps; 2.76 kps
Leah Burmeister	OH	5-11	Sr.	2.39 dps; 2.13 kps
Micah Folsom	OH	5-10	Jr.	2.71 kps; 2.43 dps

2009 SCHEDULE

Date	Opponent	Time
8/28	Utah State ¹	7:30 p.m.
8/29	Utah Valley ¹	1:00 p.m.
8/29	Gonzaga ¹	7:30 p.m.
9/4	vs. Kansas State ²	5:00 p.m.
9/5	at Brigham Young ²	12:00 p.m.
9/5	vs. Cal Poly ²	5:00 p.m.
9/7	Washington State	5:00 p.m.
9/10	at Hawaii ³	7:00 p.m.
9/11	vs. Stanford ³	5:00 p.m.
9/12	vs. UTSA ³	5:00 p.m.
9/17	at Northern Colorado*	7:00 p.m.
9/19	at Northern Arizona*	7:00 p.m.
9/25	Portland State*	7:00 p.m.
9/26	Eastern Washington*	7:00 p.m.
10/2	at Montana State*	7:00 p.m.
10/3	at Montana*	7:00 p.m.
10/6	at Utah	7:00 p.m.
10/10	Sacramento State*	7:00 p.m.
10/14	Idaho State*	7:00 p.m.
10/17	Seattle University	7:00 p.m.
10/23	at Eastern Washington*	7:00 p.m.
10/24	at Portland State*	7:00 p.m.
10/30	Northern Arizona*	7:00 p.m.
10/31	Northern Colorado*	7:00 p.m.
11/6	at Sacramento State*	7:00 p.m.
11/10	Southern Utah University	7:00 p.m.
11/14	at Idaho State*	7:00 p.m.
11/20	Montana*	7:00 p.m.
11/21	Montana State*	7:00 p.m.

All times local to site

*Big Sky Match

Home matches in bold

¹Weber State Invitational

²Brigham Young Invitational

³Hawaii Invitation

WILDCATS TO WATCH



CHELSEA BAIR
Senior
5-10 • Outside Hitter
Provo, Utah

- Has appeared in 99 matches in her career at WSU. She ranks in the top 10 in five career categories, and is one of just seven players in school history with 1,000 kills and 1,000 digs.
- Earned all-conference honors three years in a row and was named to the second team in 2008.
- Finished fourth in the Big Sky in kills per set with 3.44, fourth in points per set with 3.99, and sixth in aces per set with 0.25 last season.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	135	464	381	21	79
2007	113	364	265	15	54
2005	116	387	307	20	59
Totals	364	1,215	953	56	192



JENNA LEGGAT
Senior
5-11 • Outside Hitter
Hayden Lake, Idaho

- One of five seniors on this year's squad, Leggat will also be the 2009 team captain.
- Has appeared in 77 career matches at Weber State, including all 34 matches last year. She averaged 1.72 kills and 1.14 digs per set in 2008.
- Received Big Sky All-Academic honors three times, including the last two seasons in volleyball. She was also named to the team in 2005-06 as a WSU basketball player.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	123	211	140	21	78
2007	78	88	25	16	25
2006	56	159	76	3	18
Totals	257	458	241	40	121



CAITLYN ANDERSON
Senior
5-11 • Libero
Idaho Falls, Idaho

- Returns for her fourth season at Weber State.
- Has appeared in 96 career matches and is the school's career leader in digs with 1,271.
- Averaged 3.81 digs per set in 2008, which ranked eighth in the Big Sky.
- Also posted 514 digs during the season, which set a single-season school record.

CAREER STATISTICS

Year	GP	Kills	Digs	Assists	Blocks
2008	135	9	514	22	2
2007	112	37	491	16	8
2006	116	185	266	22	40
Totals	363	231	1,271	60	50

WEBER STATE WILDCATS

HEAD COACH AL GIVENS



Alma Mater: Northern Arizona
Hometown: Brawley, Calif.
Division I Record/Season: 345-420/25th
WSU Record/Season: 193-283/17th
Playing Career: Bryan University, 1974

• Givens enters his 17th season as head coach of the Wildcats and his 25th as a Division I head coach. He has compiled a career record of 193-283 at Weber State and has gone 345-420 in 24 years of coaching.

• Givens is the longest tenured active coach in the Big Sky and ranks fourth among wins in conference history. He is just the fourth coach in the conference to ever notch over 100 league wins.

• This season Givens will coach his 500th career match at Weber State.

• Also returning to assist Givens this year is former Wildcat standout Melissa Leonard who is in her 9th season as a coach. She has recently been elevated to Associate Head Coach after serving the last eight seasons as an assistant coach. Stephanie Birch enters her fifth season on the WSU staff. Both Leonard and Birch were coached by Givens.

GIVENS YEAR-BY-YEAR

Year	School	W	L	Pct	BSC Rec/Fin
1985	Mississippi	29	15	.659	--
1986-92	Texas A&M	123	122	.502	
1993	Weber State	10	19	.345	7-7/T-5th
1994	Weber State	12	16	.429	7-7/4th
1995	Weber State	15	14	.517	4-10/7th
1996	Weber State	6	25	.194	5-11/8th
1997	Weber State	12	17	.414	4-12/T-8th
1998	Weber State	13	17	.433	8-8/6th
1999	Weber State	14	13	.519	7-9/T-6th
2000	Weber State	10	17	.370	6-10/7th
2001	Weber State	13	16	.448	9-5/T-3rd
2002	Weber State	20	13	.606	9-5/4th
2003	Weber State	7	21	.250	3-11/7th
2004	Weber State	4	26	.133	2-12/8th
2005	Weber State	11	19	.366	5-9/T-6th
2006	Weber State	9	24	.312	5-11/T-6th
2007	Weber State	16	13	.552	11-5/4th
2008	Weber State	21	13	.618	9-7/5th
Totals	24 Years	345	396	.466	101-139/421

PREVIOUS COACHING EXPERIENCE

- Texas A&M, Head Coach (1986-92)
- Ole Miss, Head Coach (1984-1985)
- Arizona Western, Head Coach (1981-1983)

GIVENS VS. THE BIG SKY

Eastern Washington	8-26
Idaho State	14-15
Montana	17-15
Montana State	14-18
Northern Arizona	13-17
Northern Colorado	3-1
Portland State	13-11
Sacramento State	4-20

WILDCAT COACHING STAFF



Melissa Leonard
 Assoc. Head Coach
Ninth Year



Stephanie Birch
 Assistant Coach
Sixth Year

WEBER STATE SEASON-BY-SEASON

Since Inception of the Big Sky

Year	Coach	Big Sky				Overall		
		W	L	PCT	Rk	W	L	PCT
1988	Cindy Fredrick	14	2	.875	1	32	8	.800
1989	Lesa Moore	4	12	.250	7	10	23	.303
1990	Lesa Moore	7	9	.438	5	10	23	.303
1991	Lesa Moore	8	8	.500	5	13	20	.394
1992	Lesa Moore	5	9	.357	5	6	21	.222
1993	Al Givens	7	7	.500	T5	10	19	.345
1994	Al Givens	7	7	.500	T3	12	16	.429
1995	Al Givens	4	10	.286	7	15	14	.517
1996	Al Givens	5	11	.313	8	6	25	.194
1997	Al Givens	4	12	.250	T8	12	17	.414
1998	Al Givens	8	8	.500	6	13	17	.433
1999	Al Givens	7	9	.438	T6	14	13	.519
2000	Al Givens	6	10	.375	7	10	17	.370
2001	Al Givens	9	5	.643	4	13	16	.448
2002	Al Givens	9	5	.643	4	20	13	.606
2003	Al Givens	3	11	.214	7	7	21	.250
2004	Al Givens	2	12	.143	8	4	26	.133
2005	Al Givens	5	9	.357	6	11	19	.366
2006	Al Givens	5	11	.312	6	9	24	.273
2007	Al Givens	11	5	.688	4	16	13	.552
2008	Al Givens	9	7	.562	5	21	13	.618
Total	Three Coaches	139	179	.437	--	264	378	.411

WILDCATS vs. The Sky

School	Overall		Big Sky	
	Won	Lost	Won	Lost
Eastern Washington	27	33	16	27
Idaho State	41	33	22	20
Montana	26	38	19	23
Montana State	32	28	23	19
Northern Arizona	26	30	18	24
Northern Colorado	5	2	4	2
Portland State	14	24	15	12
Sacramento State	7	22	5	21

WEBER STATE WILDCATS

2008 INDIVIDUAL STATISTICS

Name	OVERALL STATISTICS								CONFERENCE STATISTICS							
	G	K	KPG	E	TA	Pct	A	APG	G	K	KPG	E	TA	Pct	A	APG
Chelsea Bair	135	464	3.44	210	1204	.211	21	0.16	63	212	3.37	91	546	.222	12	0.19
Kim Lissinna	125	9	0.07	5	36	.111	575	4.60	60	5	0.08	2	15	.200	288	4.80
Leah Burmeister	135	287	2.13	146	916	.154	38	0.28	63	144	2.29	65	459	.172	22	0.35
Jesslyn Patton	3	0	0.00	1	2	-.500	0	0.00	-	-	-	-	-	-	-	-
Jocilyn Randall	130	41	0.32	17	99	.242	866	6.66	59	21	0.36	6	47	.319	413	7.00
Micah Folsom	49	133	2.71	51	384	.214	14	0.29	7	28	4.00	10	69	.261	1	0.14
Brittney Bisailon	135	373	2.76	83	832	.349	11	0.08	63	189	3.00	37	415	.366	6	0.10
Jenna Leggat	123	211	1.72	107	632	.165	21	0.17	63	119	1.89	58	339	.180	15	0.24
Amy Dunford	129	176	1.36	98	492	.159	13	0.10	62	108	1.74	44	271	.236	6	0.10
Caitlyn Anderson	135	9	0.07	3	33	.182	22	0.16	63	5	0.08	1	15	.267	6	0.10
Katie Mario	47	9	0.19	5	39	.103	2	0.04	27	8	0.30	3	31	.161	1	0.04
Wildcats	135	1712	12.68	726	4669	.211	1583	11.73	63	839	13.32	317	2207	.237	770	12.22
Opponents	135	1706	12.64	791	4816	.190	1579	11.70	63	801	12.71	364	2298	.190	743	11.79

Name	OVERALL STATISTICS									CONFERENCE STATISTICS								
	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG	SA	SPG	RE	DIG	DPG	BS	BA	Total	BPG
Chelsea Bair	34	0.25	-	381	2.82	3	76	79	0.59	10	0.16	-	202	3.21	2	41	43	0.68
Kim Lissinna	5	0.04	-	90	0.72	3	43	46	0.37	4	0.07	-	54	0.90	2	15	17	0.28
Leah Burmeister	30	0.22	-	323	2.39	7	52	59	0.44	13	0.21	-	170	2.70	4	29	33	0.52
Jesslyn Patton	0	0.00	-	0	0.00	0	0	0	0.00	-	-	-	-	-	-	-	-	-
Jocilyn Randall	32	0.25	-	213	1.64	0	14	14	0.11	13	0.22	-	99	1.68	0	4	4	0.07
Micah Folsom	8	0.16	-	119	2.43	2	20	22	0.45	0	0.00	-	14	2.00	0	0	0	0.00
Brittney Bisailon	24	0.18	-	43	0.32	24	154	178	1.32	13	0.21	-	22	0.35	13	72	85	1.35
Jenna Leggat	11	0.09	-	140	1.14	5	73	78	0.63	5	0.08	-	86	1.37	2	41	43	0.68
Amy Dunford	0	0.00	-	19	0.15	11	94	105	0.81	0	0.00	-	9	0.15	4	57	61	0.98
Caitlyn Anderson	19	0.14	-	514	3.81	1	1	2	0.01	6	0.10	-	246	3.90	0	1	1	0.02
Katie Mario	2	0.04	-	11	0.23	1	9	10	0.21	0	0.00	-	8	0.30	1	8	9	0.33
Wildcats	165	1.22	128	1853	13.73	57	536	325.0	2.41	64	1.02	65	910	14.44	28	268	162.0	2.57
Opponents	128	0.95	165	1870	13.85	54	517	312.5	2.31	65	1.03	64	905	14.37	15	226	128.0	2.03

2008 RESULTS

Date	Opponent	Result	Date	Opponent	Result
8/29	at Arizona ¹	L, 0-3	10/18	at Montana*	W, 3-1
8/29	vs. Gardner-Webb ¹	W, 3-0	10/23	at Portland State*	L, 0-3
8/30	vs. San Jose State ¹	W, 3-2	10/25	at Eastern Washington*	L, 1-3
9/2	at Utah State	W, 3-1	10/30	at Idaho State*	L, 1-3
9/5	at Baylor ²	L, 0-3	11/1	Seattle	W, 3-1
9/5	Rice ²	L, 0-3	11/4	Utah Valley	W, 3-0
9/6	vs. San Diego State ²	W, 3-1	11/8	Sacramento State*	W, 3-1
9/6	vs. UTSA ²	W, 3-2	11/13	at Northern Arizona*	W, 3-2
9/12	vs. San Diego State ³	W, 3-2	11/15	at Northern Colorado*	W, 3-1
9/13	vs. UTEP ³	W, 3-1	11/21	Montana*	L, 1-3
9/13	at Gonzaga ³	W, 3-2	11/22	Montana State*	W, 3-0
9/18	Eastern Washington*	L, 2-3	11/28	vs. Montana#	W, 3-2
9/20	Portland State*	L, 0-3	11/28	vs. Eastern Washington#	L, 0-3
9/23	at Utah Valley	L, 2-3			
9/26	Idaho State*	W, 3-1			
9/30	Utah	L, 1-3			
10/2	Cal State Bakersfield	W, 3-1			
10/4	at Sacramento State*	L, 2-3			
10/10	Northern Colorado*	W, 3-1			
10/11	Northern Arizona*	W, 3-0			
10/17	at Montana State*	W, 3-1			

#Big Sky Tournament
*Big Sky Match
¹Sheraton Four Points Wildcat Classic
²Baylor Classic
³Gonzaga Tournament